**Master in Mediterranean Diet, Nutrition and Tourism,** (1 year, Master of Arts)

**This program is accredited by CYQAA.**

**The program is offered in the Greek language only.**

**COURSE DISTRIBUTION PER SEMESTER**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Α/Α** | **Course Code** | **Course Name** | **Periods per week** | **Number of ECTS** |
| **Α’ Semester- 36 ECTS** | | | | |
|  | **NUTR1** | **RESEARCH METHODS** | **3** | **8** |
|  | **NUTR2** | **NUTRITION INFORMATICS** | **2** | **6** |
|  | **NUTR3** | **ADVANCED TOPICS IN NUTRITION AND MEDITERRANEAN DIET I** | **3** | **8** |
|  | **NUTR7** | **MEDICAL NUTRITION THERAPY IN TOURISM** | **3** | **8** |
|  | **NUTR9** | **MEDITERRANEAN DIET AND PUBLIC HEALTH** | **2** | **6** |
| **Β’ Semester- 54 ECTS** | | | | |
| **6.** | **NUTR4** | **ADVANCED TOPICS IN NUTRITION AND MEDITERRANEAN DIET II** | **3** | **8** |
| **7.** | **NUTR6** | **MEDITERRANEAN DIET AND FUNCTIONAL FOODS** | **3** | **8** |
| **8.** | **NUTR5** | **QUALITY ASSURANCE AND FOOD SAFETY IN FOOD CATERING** | **2** | **6** |
| **9.** | **NUTR8** | **ADMINISTRATION AND MANAGEMENT OF TOURIST FACILITIES** | **3** | **8** |
| **10.** | **NUTR10** | **THESIS** | **6** | **24** |

**No elective courses exist.**

**Assessment**

Depending on the course, assessment will be made based on a combination of methods, including – but not limited to – tests with multiple choice, short answer and essay-type questions, problem solving, written scientific projects, presentation of projects and final exams.

**Block Teaching**

We understand that balancing professional commitments with academic pursuits can be challenging. In an effort to help with this issue and whenever possible, some courses in our curriculum utilize Block teaching, a flexible approach method designed to condense course material into intensive, focused sessions. This approach, implemented in consultation with our experienced lecturers, allows for efficient learning while accommodating busy schedules.

The following are the dates for the block teaching for the Fall 2024 Semester:

**Dr. Maria Hassapidou**

**NUTR10 – THESIS:**

Friday 6th to Sunday 8th December

**NUTR4 – ADVANCED TOPICS IN NUTRITION AND MEDITERRANEAN DIET II:**

Friday 20th to Sunday 22nd December

**Dr Anna Papageorgiou**

**NUTR6 – MEDITERRANEAN DIET AND FUNCTIONAL FOODS:**

Friday 13th to Sunday 15th December